

Hook Look Book Took Template

Truth or Lies – She Said

“...stand firm then, with the belt of truth buckled around your waist...” Ephesians 6:14

SHOCKING STATEMENT:

I'm a liar. A pretty good one. Have been for years. In fact, I'm so good at it, so convincing, that I believe my own lies.

Once, my mother and I were shopping, and as I stood thumbing through comic books mom vanished. It was terrified. I darted from aisle to aisle, bumping into strangers three times my size, afraid she'd left me. Turned out she was just a couple of aisles over but from that day on I've been afraid of being left behind. No...not that Left Behind. The left behind that comes when friends and family abandon you.

That's why whenever someone I love leaves I tell myself, that it's no big deal. I'm tough. It doesn't matter and I'm not really hurt. I lie.

DECLARE YOUR KEY POINT:

Paul calls us to put on the belt of truth, but what does the belt of truth look like? In the Gospel of John we learn that the truth will set you free. That when we move forward in truth, we are liberated, not to do as we please, but to please God in the things He calls us to do. When we strap on the belt of truth God's truth protects us and lifts us above the pain of hurt, frustration, and fear.

PRESENT THE BIG PICTURE:

These past few months I've been forced to face the lies I tell myself and the fear that grips me. I could only do this by asking God to dress me with His belt of truth. It is His Spirit of discernment that has allowed me to see how I've deceived myself and buried the pain.

PRESENT THE BIG PICTURE:

Are you lying to yourself? Stop. Grab the belt of truth and dress yourself for battle. Trust in God's goodness.